

Eric Mestre brings more than three decades of proven leadership and technical expertise to his role as Director of Operations at Eastern Mechanical Services. He is a seasoned mechanical professional with comprehensive experience in estimating, blueprint interpretation, contract negotiation, and the execution of complex commercial and industrial mechanical projects.

Throughout his career, Eric has worked across every phase of mechanical construction—from project selection and bidding to fabrication, installation, service, and close-out. He has led fast-track and large-scale projects under demanding schedules, consistently delivering results that reflect EMS's commitment to quality, accountability, and client trust. His background spans HVAC, plumbing, ventilation, sprinkler systems, and refrigerant containment in both public and private sector environments.

Prior to joining Eastern Mechanical Services, Eric held senior project management, estimating, sales, and operational leadership roles with well-established mechanical and energy service firms throughout Connecticut and New York. In these positions, he built strong relationships with owners, engineers, and public agencies, expanded project pipelines, and helped drive sustained growth through disciplined estimating and execution. As a former business owner, Eric also brings a practical, owner-level perspective to operations—understanding firsthand the importance of safety, scheduling, workforce development, and financial responsibility.

Eric is a licensed Heating & Cooling Unlimited Contractor and Refrigerant Containment Contractor, with formal technical training in air conditioning and refrigeration. He is known for his strong organizational skills, ability to build and lead effective teams, and clear, direct communication style—qualities that align closely with EMS's culture of professionalism and service excellence.

Outside of work, Eric enjoys spending time with his son pursuing an interest in vintage, American-made muscle cars. He supports his son in locating and evaluating classic vehicles, helping him develop mechanical knowledge, business insight, and an appreciation for craftsmanship—values that mirror Eric's own approach to both work and life.